

# KM Mellomdistanse 2009

# Strekketider

Festningen, Tittelsnes-05.09.2009

Class Navn

Klasse

Tid

## B-Open

<b>1</b>	<b>Finn Morten Jacobsen</b>	<b>B-Open</b>	<b>28:09</b>
04:51	06:32 11:06 15:35 18:54 21:38	25:51 26:32 27:37 28:09	
04:51	01:41 04:34 04:29 03:19 02:44	04:13 00:41 01:05 00:32	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>2</b>	<b>Kjell Skjæveland</b>	<b>B-Open</b>	<b>30:16</b>
02:38	06:05 14:06 17:11 21:00 23:28	27:33 28:22 29:54 30:16	
02:38	03:27 08:01 03:05 03:49 02:28	04:05 00:49 01:32 00:22	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>3</b>	<b>Ole Jørgen Melleby</b>	<b>B-Open</b>	<b>33:31</b>
03:58	06:35 12:57 15:43 24:58 27:28	30:41 31:31 33:09 33:31	
03:58	02:37 06:22 02:46 09:15 02:30	03:13 00:50 01:38 00:22	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>4</b>	<b>Njål Irgens Vassenden</b>	<b>B-Open</b>	<b>35:29</b>
13:32	15:47 22:26 24:26 28:16 30:14	32:59 33:46 35:15 35:29	
13:32	02:15 06:39 02:00 03:50 01:58	02:45 00:47 01:29 00:14	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>5</b>	<b>Jan Magne Dommersnes</b>	<b>B-Open</b>	<b>36:04</b>
04:50	10:20 18:22 22:28 27:47 30:10	33:13 34:25 35:47 36:04	
04:50	05:30 08:02 04:06 05:19 02:23	03:03 01:12 01:22 00:17	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>6</b>	<b>Astrid Bell</b>	<b>B-Open</b>	<b>57:13</b>
07:56	14:46 33:48 39:20 45:54 49:39	54:05 55:09 56:46 57:13	
07:56	06:50 19:02 05:32 06:34 03:45	04:26 01:04 01:37 00:27	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>7</b>	<b>Trine Bay</b>	<b>B-Open</b>	<b>57:20</b>
08:07	14:49 33:50 39:16 46:01 49:46	54:09 55:10 56:49 57:20	
08:07	06:42 19:01 05:26 06:45 03:45	04:23 01:01 01:39 00:31	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	

**C-Open**

**1 Astrid Sandvik C-Open 32:46**

01:42	08:01	16:13	18:27	22:08	25:37	29:27	32:20	32:46
01:42	06:19	08:12	02:14	03:41	03:29	03:50	02:53	00:26
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

**2 Ragnhild Iveland C-Open 33:47**

01:22	05:31	15:33	18:37	24:12	28:00	31:37	33:11	33:47
01:22	04:09	10:02	03:04	05:35	03:48	03:37	01:34	00:36
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

**D11-12**

**1 Ingvild Paulsen Vie D11-12 39:25**

03:25	08:03	14:04	16:24	28:37	32:15	36:45	39:06	39:25
03:25	04:38	06:01	02:20	12:13	03:38	04:30	02:21	00:19
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

**2 Sunniva Omdal D11-12 47:55**

10:03	14:48	21:04	24:08	37:20	40:40	44:41	47:28	47:55
10:03	04:45	06:16	03:04	13:12	03:20	04:01	02:47	00:27
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

**D11-12N**

<b>1</b>	<b>Silje Hadland</b>	<b>D11-12N</b>	<b>22:51</b>
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01:22	04:49	06:21	15:16	18:07	19:48	21:03	22:26	22:51
01:22	03:27	01:32	08:55	02:51	01:41	01:15	01:23	00:25
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

<b>2</b>	<b>Ane Nygård Baardsen</b>	<b>D11-12N</b>	<b>29:34</b>
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01:32	09:52	11:57	19:03	22:51	25:08	27:13	29:14	29:34
01:32	08:20	02:05	07:06	03:48	02:17	02:05	02:01	00:20
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

Class	Navn	Klasse	Tid
<b>D13-14</b>			
<b>1</b>	<b>Kari Nødland Fuglestad</b>	<b>D13-14</b>	<b>22:44</b>
02:12	04:00 08:45 12:01 15:04 17:07	20:09 20:57 22:29 22:44	
02:12	01:48 04:45 03:16 03:03 02:03	03:02 00:48 01:32 00:15	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>2</b>	<b>Torill Brekken</b>	<b>D13-14</b>	<b>25:50</b>
02:38	04:48 11:53 14:14 17:52 19:53	23:24 24:02 25:32 25:50	
02:38	02:10 07:05 02:21 03:38 02:01	03:31 00:38 01:30 00:18	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>3</b>	<b>Ingrid Peikli</b>	<b>D13-14</b>	<b>28:19</b>
03:58	06:01 14:23 16:36 19:51 22:47	25:24 26:11 28:03 28:19	
03:58	02:03 08:22 02:13 03:15 02:56	02:37 00:47 01:52 00:16	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>4</b>	<b>Veronica Øvremo</b>	<b>D13-14</b>	<b>30:24</b>
02:59	05:11 13:52 17:02 20:42 23:43	27:35 28:33 30:06 30:24	
02:59	02:12 08:41 03:10 03:40 03:01	03:52 00:58 01:33 00:18	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>5</b>	<b>Helene Omdal</b>	<b>D13-14</b>	<b>30:56</b>
02:22	05:02 10:43 15:07 22:57 25:34	28:31 29:16 30:40 30:56	
02:22	02:40 05:41 04:24 07:50 02:37	02:57 00:45 01:24 00:16	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>6</b>	<b>Vilde Bårdsen Hustoft</b>	<b>D13-14</b>	<b>32:53</b>
02:49	04:54 11:56 14:21 22:59 25:20	30:02 30:58 32:32 32:53	
02:49	02:05 07:02 02:25 08:38 02:21	04:42 00:56 01:34 00:21	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>7</b>	<b>Hanne Undheim Furland</b>	<b>D13-14</b>	<b>44:08</b>
03:29	07:24 19:40 26:37 33:44 37:13	40:58 42:10 43:52 44:08	
03:29	03:55 12:16 06:57 07:07 03:29	03:45 01:12 01:42 00:16	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	
<b>8</b>	<b>Louise Fiskå</b>	<b>D13-14</b>	<b>47:35</b>
12:28	15:38 25:37 29:47 36:05 39:30	44:14 45:14 47:11 47:35	
12:28	03:10 09:59 04:10 06:18 03:25	04:44 01:00 01:57 00:24	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+	

**D13-16N**

<b>1</b>	<b>Unn Iveland Jacobsen</b>	<b>D13-16N</b>	<b>22:08</b>					
01:22	05:41	07:37	12:16	16:33	18:58	20:37	21:48	22:08
01:22	04:19	01:56	04:39	04:17	02:25	01:39	01:11	00:20
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>2</b>	<b>Hanna Tytlandsvik</b>	<b>D13-16N</b>	<b>26:45</b>					
01:17	05:25	06:48	17:10	20:11	22:19	25:13	26:22	26:45
01:17	04:08	01:23	10:22	03:01	02:08	02:54	01:09	00:23
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>3</b>	<b>Thea Grinde</b>	<b>D13-16N</b>	<b>29:52</b>					
01:57	05:56	07:37	17:48	22:15	25:27	27:24	29:22	29:52
01:57	03:59	01:41	10:11	04:27	03:12	01:57	01:58	00:30
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>4</b>	<b>Anna Tellnes</b>	<b>D13-16N</b>	<b>30:12</b>					
01:54	05:54	07:30	17:49	22:10	25:28	28:18	29:52	30:12
01:54	04:00	01:36	10:19	04:21	03:18	02:50	01:34	00:20
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

### D15-16

<b>1</b>	<b>Ingvild Lindaas Bringedal</b>	<b>D15-16</b>										<b>32:51</b>
	03:52	05:12	07:42	09:49	19:54	23:54	26:19	30:14	31:05	32:34	32:51	
	03:52	01:20	02:30	02:07	10:05	04:00	02:25	03:55	00:51	01:29	00:17	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>2</b>	<b>Vilde Katrine Byre</b>	<b>D15-16</b>										<b>34:08</b>
	04:59	06:26	08:49	10:54	20:56	24:54	27:24	31:12	32:12	33:53	34:08	
	04:59	01:27	02:23	02:05	10:02	03:58	02:30	03:48	01:00	01:41	00:15	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>3</b>	<b>Elisabeth Hegdal</b>	<b>D15-16</b>										<b>35:04</b>
	06:03	07:33	09:43	11:42	22:04	25:46	28:13	32:17	33:13	34:49	35:04	
	06:03	01:30	02:10	01:59	10:22	03:42	02:27	04:04	00:56	01:36	00:15	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>4</b>	<b>Nina Marie Larsen</b>	<b>D15-16</b>										<b>35:14</b>
	05:04	06:59	09:32	12:18	19:24	27:22	30:03	32:34	33:24	34:56	35:14	
	05:04	01:55	02:33	02:46	07:06	07:58	02:41	02:31	00:50	01:32	00:18	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	

Class	Navn	Klasse												Tid
<b>D17</b>														
<b>1</b>	<b>Jorunn Hadland</b>	<b>D17</b>												<b>33:37</b>
	03:30	05:05	08:01	10:16	12:08	15:12	16:45	23:35	26:57	28:41	31:31	32:59	33:37	
	03:30	01:35	02:56	02:15	01:52	03:04	01:33	06:50	03:22	01:44	02:50	01:28	00:38	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>2</b>	<b>Aud H. Taksdal</b>	<b>D17</b>												<b>35:21</b>
	06:33	08:58	10:40	12:58	15:20	18:32	20:03	25:00	28:38	30:37	32:54	34:50	35:21	
	06:33	02:25	01:42	02:18	02:22	03:12	01:31	04:57	03:38	01:59	02:17	01:56	00:31	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>3</b>	<b>Anne Kari Vikingstad</b>	<b>D17</b>												<b>35:36</b>
	07:51	08:45	10:22	12:42	14:42	17:45	19:45	25:13	29:18	31:01	33:20	34:53	35:36	
	07:51	00:54	01:37	02:20	02:00	03:03	02:00	05:28	04:05	01:43	02:19	01:33	00:43	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>4</b>	<b>Solfrid H. Thuestad</b>	<b>D17</b>												<b>36:16</b>
	04:57	06:25	08:14	10:42	13:34	17:11	19:01	24:36	27:58	30:09	33:21	35:20	36:16	
	04:57	01:28	01:49	02:28	02:52	03:37	01:50	05:35	03:22	02:11	03:12	01:59	00:56	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>5</b>	<b>Inger Tone Nygård</b>	<b>D17</b>												<b>39:53</b>
	03:51	05:38	07:53	10:15	15:09	18:35	20:09	26:43	30:48	32:58	35:20	37:15	39:53	
	03:51	01:47	02:15	02:22	04:54	03:26	01:34	06:34	04:05	02:10	02:22	01:55	02:38	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>6</b>	<b>Ingvild Garsrud Tvedt</b>	<b>D17</b>												<b>40:47</b>
	05:40	07:13	09:35	12:20	14:48	18:40	21:28	29:14	33:12	35:36	38:04	40:11	40:47	
	05:40	01:33	02:22	02:45	02:28	03:52	02:48	07:46	03:58	02:24	02:28	02:07	00:36	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>7</b>	<b>Sunniva Sandvik Førde</b>	<b>D17</b>												<b>41:40</b>
	04:06	05:31	08:19	12:18	15:19	19:35	21:21	28:05	32:37	35:10	38:24	40:48	41:40	
	04:06	01:25	02:48	03:59	03:01	04:16	01:46	06:44	04:32	02:33	03:14	02:24	00:52	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>8</b>	<b>Ingrid Lindaas</b>	<b>D17</b>												<b>42:00</b>
	07:09	08:25	10:12	12:51	16:43	20:55	22:53	29:00	33:55	36:11	38:56	41:02	42:00	
	07:09	01:16	01:47	02:39	03:52	04:12	01:58	06:07	04:55	02:16	02:45	02:06	00:58	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>9</b>	<b>Ingrid Eggen</b>	<b>D17</b>												<b>42:25</b>
	04:02	06:26	08:11	11:26	17:21	21:04	22:51	29:52	34:34	36:38	39:24	41:40	42:25	
	04:02	02:24	01:45	03:15	05:55	03:43	01:47	07:01	04:42	02:04	02:46	02:16	00:45	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>10</b>	<b>Anne Løver</b>	<b>D17</b>												<b>43:03</b>
	05:09	06:29	08:18	14:57	17:34	21:40	23:31	29:08	34:04	36:35	39:32	41:56	43:03	
	05:09	01:20	01:49	06:39	02:37	04:06	01:51	05:37	04:56	02:31	02:57	02:24	01:07	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>11</b>	<b>Oda Indgaard</b>	<b>D17</b>												<b>43:26</b>
	04:10	05:49	07:24	14:12	17:41	21:16	25:24	31:15	35:30	37:36	39:56	42:28	43:26	
	04:10	01:39	01:35	06:48	03:29	03:35	04:08	05:51	04:15	02:06	02:20	02:32	00:58	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	



Class	Navn	Klasse	Tid
<b>D17AK</b>			
<b>1</b>	<b>Hansen Borghild Hervik</b>	<b>D17AK</b>	<b>34:15</b>
04:55	06:34 09:23 11:39 19:18 24:00	27:15 30:53 31:55 33:54 34:15	
04:55	01:39 02:49 02:16 07:39 04:42	03:15 03:38 01:02 01:59 00:21	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	
<b>2</b>	<b>Anita Sælevik</b>	<b>D17AK</b>	<b>34:25</b>
04:25	06:47 08:55 11:05 21:37 25:32	28:22 31:21 32:26 33:59 34:25	
04:25	02:22 02:08 02:10 10:32 03:55	02:50 02:59 01:05 01:33 00:26	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	
<b>3</b>	<b>Gunhild Hole Mikalsen</b>	<b>D17AK</b>	<b>44:40</b>
07:49	12:37 15:39 17:45 29:30 34:47	37:37 40:49 42:05 44:18 44:40	
07:49	04:48 03:02 02:06 11:45 05:17	02:50 03:12 01:16 02:13 00:22	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	
<b>4</b>	<b>Anne Synnøve Irgens Vassenden</b>	<b>D17AK</b>	<b>45:56</b>
07:22	08:41 23:14 24:55 32:33 37:04	39:43 43:00 43:57 45:34 45:56	
07:22	01:19 14:33 01:41 07:38 04:31	02:39 03:17 00:57 01:37 00:22	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	
<b>5</b>	<b>Grethe Paulsen Vie</b>	<b>D17AK</b>	<b>57:08</b>
12:58	16:05 19:03 21:12 40:36 45:07	50:37 54:18 55:13 56:50 57:08	
12:58	03:07 02:58 02:09 19:24 04:31	05:30 03:41 00:55 01:37 00:18	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	
<b>6</b>	<b>Møyfrid Larsen</b>	<b>D17AK</b>	<b>1:01:05</b>
09:24	11:52 16:04 19:22 42:17 49:22	53:06 57:17 58:28 60:40 61:05	
09:24	02:28 04:12 03:18 22:55 07:05	03:44 04:11 01:11 02:12 00:25	
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+	

D17N

1	<b>Tove Vinje Paulsen</b>	<b>D17N</b>	<b>22:45</b>					
02:06	07:00	08:16	13:01	16:49	18:55	20:38	22:18	22:45
02:06	04:54	01:16	04:45	03:48	02:06	01:43	01:40	00:27
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

**D50**

<b>1</b>	<b>Anne Garsrud</b>	<b>D50</b>	<b>26:36</b>							
04:02	05:16	07:14	09:07	15:08	19:16	21:28	24:05	24:56	26:18	26:36
04:02	01:14	01:58	01:53	06:01	04:08	02:12	02:37	00:51	01:22	00:18
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>2</b>	<b>Ann-Marie Westerheim</b>	<b>D50</b>	<b>33:08</b>							
06:17	08:25	10:17	12:08	22:12	25:45	28:02	30:40	31:25	32:50	33:08
06:17	02:08	01:52	01:51	10:04	03:33	02:17	02:38	00:45	01:25	00:18
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>3</b>	<b>Evy Vikingstad</b>	<b>D50</b>	<b>37:30</b>							
05:55	07:31	09:32	11:55	21:50	29:00	31:45	34:45	35:39	37:11	37:30
05:55	01:36	02:01	02:23	09:55	07:10	02:45	03:00	00:54	01:32	00:19
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

**D60**

<b>1</b>	<b>Edel Slettemark</b>	<b>D60</b>										<b>31:42</b>
07:02	09:12	11:14	13:05	19:59	23:56	26:25	29:09	29:59	31:26	31:42		
07:02	02:10	02:02	01:51	06:54	03:57	02:29	02:44	00:50	01:27	00:16		
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+		
<b>2</b>	<b>Marie Aasheim</b>	<b>D60</b>										<b>40:28</b>
10:08	11:37	14:19	18:12	26:27	31:25	34:05	37:15	38:35	40:01	40:28		
10:08	01:29	02:42	03:53	08:15	04:58	02:40	03:10	01:20	01:26	00:27		
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+		
<b>3</b>	<b>Haldis Glendrange</b>	<b>D60</b>										<b>40:35</b>
05:41	07:22	10:12	14:32	23:25	29:47	33:00	37:02	38:37	40:15	40:35		
05:41	01:41	02:50	04:20	08:53	06:22	03:13	04:02	01:35	01:38	00:20		
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+		
<b>4</b>	<b>Kirsten M. Hausken</b>	<b>D60</b>										<b>41:18</b>
05:26	06:46	10:37	12:25	26:18	31:57	35:09	38:22	39:18	40:55	41:18		
05:26	01:20	03:51	01:48	13:53	05:39	03:12	03:13	00:56	01:37	00:23		
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+		

**H10**

<b>1</b>	<b>Jørgen Fiskå</b>	<b>H10</b>	<b>26:14</b>					
01:38	06:21	11:56	14:23	17:07	20:24	24:09	25:51	26:14
01:38	04:43	05:35	02:27	02:44	03:17	03:45	01:42	00:23
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

**H11-12**

<b>1</b>	<b>Brage L. Hovden</b>	<b>H11-12</b>	<b>17:43</b>					
01:07	03:31	08:08	09:36	11:46	13:45	16:14	17:28	17:43
01:07	02:24	04:37	01:28	02:10	01:59	02:29	01:14	00:15
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>2</b>	<b>Kristoffer Nygård</b>	<b>H11-12</b>	<b>21:57</b>					
03:19	06:57	11:46	13:32	15:39	17:52	20:36	21:39	21:57
03:19	03:38	04:49	01:46	02:07	02:13	02:44	01:03	00:18
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>3</b>	<b>Johannes Djupesland</b>	<b>H11-12</b>	<b>31:31</b>					
01:03	14:05	19:13	20:55	24:26	26:54	30:05	31:10	31:31
01:03	13:02	05:08	01:42	03:31	02:28	03:11	01:05	00:21
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>4</b>	<b>Kristoffer Kvale</b>	<b>H11-12</b>	<b>35:08</b>					
01:16	09:14	17:12	22:27	26:45	30:18	33:21	34:50	35:08
01:16	07:58	07:58	05:15	04:18	03:33	03:03	01:29	00:18
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

**H11-12N**

**1 Lars Harald Thuestad H11-12N 43:20**

02:01	06:27	08:06	28:23	32:03	34:01	35:18	42:56	43:20
02:01	04:26	01:39	20:17	03:40	01:58	01:17	07:38	00:24
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

## H13-14

<b>1</b>	<b>Martin Kvale</b>	<b>H13-14</b>	<b>19:17</b>
01:31	03:21 07:40 10:10 12:41 14:35 17:04 17:46 19:02 19:17		
01:31	01:50 04:19 02:30 02:31 01:54 02:29 00:42 01:16 00:15		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>2</b>	<b>Thomas Hadland</b>	<b>H13-14</b>	<b>19:53</b>
01:40	03:20 08:56 10:42 13:51 15:39 17:54 18:34 19:38 19:53		
01:40	01:40 05:36 01:46 03:09 01:48 02:15 00:40 01:04 00:15		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>3</b>	<b>Lars Hole Mikalsen</b>	<b>H13-14</b>	<b>23:54</b>
02:14	04:45 11:28 13:13 17:19 18:59 21:29 22:09 23:39 23:54		
02:14	02:31 06:43 01:45 04:06 01:40 02:30 00:40 01:30 00:15		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>4</b>	<b>Hansen Karsten Hervik</b>	<b>H13-14</b>	<b>25:26</b>
03:09	05:28 10:45 12:54 17:11 19:34 22:53 23:39 25:12 25:26		
03:09	02:19 05:17 02:09 04:17 02:23 03:19 00:46 01:33 00:14		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>5</b>	<b>Amund Garsrud Tvedt</b>	<b>H13-14</b>	<b>25:37</b>
02:01	04:11 10:36 13:12 18:01 20:09 22:49 23:40 25:21 25:37		
02:01	02:10 06:25 02:36 04:49 02:08 02:40 00:51 01:41 00:16		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>6</b>	<b>Ingvar Rafdal</b>	<b>H13-14</b>	<b>26:18</b>
01:55	03:33 07:48 09:30 12:11 21:53 24:18 24:55 26:00 26:18		
01:55	01:38 04:15 01:42 02:41 09:42 02:25 00:37 01:05 00:18		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>7</b>	<b>Ådne Falkeid</b>	<b>H13-14</b>	<b>26:54</b>
02:42	05:14 11:50 13:58 18:21 21:19 24:16 25:13 26:39 26:54		
02:42	02:32 06:36 02:08 04:23 02:58 02:57 00:57 01:26 00:15		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>8</b>	<b>Jardar Lindaas Bringedal</b>	<b>H13-14</b>	<b>27:28</b>
02:42	05:04 13:04 15:32 18:54 21:39 24:35 25:38 27:13 27:28		
02:42	02:22 08:00 02:28 03:22 02:45 02:56 01:03 01:35 00:15		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>9</b>	<b>Anders Rognæss Hansen</b>	<b>H13-14</b>	<b>27:56</b>
03:04	05:12 10:26 12:55 16:50 19:22 24:59 26:20 27:41 27:56		
03:04	02:08 05:14 02:29 03:55 02:32 05:37 01:21 01:21 00:15		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>10</b>	<b>Eskild Ronæss Melleby</b>	<b>H13-14</b>	<b>28:18</b>
02:22	04:27 12:01 14:25 19:11 21:26 25:52 26:34 28:04 28:18		
02:22	02:05 07:34 02:24 04:46 02:15 04:26 00:42 01:30 00:14		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>11</b>	<b>Marius Myhre Sælevik</b>	<b>H13-14</b>	<b>31:27</b>
02:16	04:56 11:50 14:50 22:07 24:50 28:23 29:28 31:08 31:27		
02:16	02:40 06:54 03:00 07:17 02:43 03:33 01:05 01:40 00:19		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>12</b>	<b>Andreas Djupesland</b>	<b>H13-14</b>	<b>33:54</b>
01:45	03:48 08:44 10:35 25:58 28:12 30:57 31:43 33:40 33:54		
01:45	02:03 04:56 01:51 15:23 02:14 02:45 00:46 01:57 00:14		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>13</b>	<b>Jostein Bergsvåg</b>	<b>H13-14</b>	<b>34:58</b>
03:25	07:35 17:24 19:30 27:15 29:44 32:28 33:13 34:43 34:58		
03:25	04:10 09:49 02:06 07:45 02:29 02:44 00:45 01:30 00:15		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>14</b>	<b>Bjørnar Sandvik Førde</b>	<b>H13-14</b>	<b>37:41</b>
11:22	13:50 23:09 25:52 29:47 32:29 35:20 36:15 37:26 37:41		
11:22	02:28 09:19 02:43 03:55 02:42 02:51 00:55 01:11 00:15		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		



Class	Navn	Klasse										Tid
<b>15</b>	<b>Andreas Eide Skjæveland</b>	<b>H13-14</b>										<b>38:18</b>
02:48	09:28	16:52	20:11	28:57	32:01	35:21	36:19	38:00	38:18			
02:48	06:40	07:24	03:19	08:46	03:04	03:20	00:58	01:41	00:18			
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+			
<b>16</b>	<b>Jostein H Pedersen</b>	<b>H13-14</b>										<b>58:27</b>
23:28	26:40	36:30	40:50	47:00	50:31	55:15	56:15	58:08	58:27			
23:28	03:12	09:50	04:20	06:10	03:31	04:44	01:00	01:53	00:19			
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+			

**H13-16N**

<b>1</b>	<b>Espen Falck Nygård</b>	<b>H13-16N</b>	<b>23:43</b>					
01:44	04:34	05:46	16:51	19:11	20:51	22:06	23:24	23:43
01:44	02:50	01:12	11:05	02:20	01:40	01:15	01:18	00:19
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

Class	Navn	Klasse												Tid
<b>H15-16</b>														
<b>1</b>	<b>Per Øyvind Valen</b>	<b>H15-16</b>												<b>30:02</b>
	02:44	03:32	04:57	06:54	10:31	13:27	14:51	21:31	24:22	25:58	28:10	29:29	30:02	
	02:44	00:48	01:25	01:57	03:37	02:56	01:24	06:40	02:51	01:36	02:12	01:19	00:33	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>2</b>	<b>Sindre L. Hovden</b>	<b>H15-16</b>												<b>31:41</b>
	04:24	05:30	07:02	09:18	11:33	14:42	16:23	21:40	25:12	26:59	29:26	31:10	31:41	
	04:24	01:06	01:32	02:16	02:15	03:09	01:41	05:17	03:32	01:47	02:27	01:44	00:31	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>3</b>	<b>Jonas Klausen Espedal</b>	<b>H15-16</b>												<b>34:36</b>
	05:41	06:37	08:02	09:58	13:41	16:33	17:57	24:41	27:57	29:45	32:36	33:59	34:36	
	05:41	00:56	01:25	01:56	03:43	02:52	01:24	06:44	03:16	01:48	02:51	01:23	00:37	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>4</b>	<b>Øystein Garsrud Tvedt</b>	<b>H15-16</b>												<b>34:52</b>
	02:48	03:59	05:11	08:38	10:33	13:09	14:27	26:51	29:21	31:04	32:59	34:23	34:52	
	02:48	01:11	01:12	03:27	01:55	02:36	01:18	12:24	02:30	01:43	01:55	01:24	00:29	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>5</b>	<b>Erlend Ronæss Melleby</b>	<b>H15-16</b>												<b>35:13</b>
	04:04	05:45	07:15	09:37	13:01	17:12	18:45	24:15	28:18	30:05	32:41	34:27	35:13	
	04:04	01:41	01:30	02:22	03:24	04:11	01:33	05:30	04:03	01:47	02:36	01:46	00:46	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>6</b>	<b>Endre H. Haugland</b>	<b>H15-16</b>												<b>35:55</b>
	03:44	05:11	06:45	09:32	12:08	15:41	17:39	23:10	27:38	29:28	32:16	34:09	35:55	
	03:44	01:27	01:34	02:47	02:36	03:33	01:58	05:31	04:28	01:50	02:48	01:53	01:46	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>7</b>	<b>Morten Bratseth</b>	<b>H15-16</b>												<b>36:23</b>
	03:47	04:56	06:59	09:22	12:10	15:56	17:39	23:50	29:08	31:20	34:15	35:52	36:23	
	03:47	01:09	02:03	02:23	02:48	03:46	01:43	06:11	05:18	02:12	02:55	01:37	00:31	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>8</b>	<b>Cato Eike</b>	<b>H15-16</b>												<b>47:54</b>
	07:09	09:38	11:17	19:00	21:38	25:43	27:14	33:12	37:11	42:22	45:06	47:09	47:54	
	07:09	02:29	01:39	07:43	02:38	04:05	01:31	05:58	03:59	05:11	02:44	02:03	00:45	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>9</b>	<b>Bjørn Nødland Fuglestad</b>	<b>H15-16</b>												<b>1:00:45</b>
	08:19	09:27	12:51	16:50	22:20	29:01	31:32	43:08	49:49	52:09	56:00	59:38	60:45	
	08:19	01:08	03:24	03:59	05:30	06:41	02:31	11:36	06:41	02:20	03:51	03:38	01:07	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	

## H17

<b>1</b>	<b>Ørjan Ravndal</b>	<b>H17</b>														<b>31:32</b>
	02:15	03:23	06:23	08:22	11:16	13:24	15:18	22:07	24:06	25:45	27:27	28:35	28:59	30:36	31:19	31:32
	02:15	01:08	03:00	01:59	02:54	02:08	01:54	06:49	01:59	01:39	01:42	01:08	00:24	01:37	00:43	00:13
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>2</b>	<b>Fredrik Omdal</b>	<b>H17</b>														<b>33:51</b>
	03:04	04:19	07:21	09:23	12:33	14:35	16:32	24:22	26:11	27:36	29:12	30:34	30:59	32:58	33:38	33:51
	03:04	01:15	03:02	02:02	03:10	02:02	01:57	07:50	01:49	01:25	01:36	01:22	00:25	01:59	00:40	00:13
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>3</b>	<b>Bjarthe Westerheim</b>	<b>H17</b>														<b>33:59</b>
	02:51	04:18	07:39	09:50	13:24	15:57	17:59	24:26	26:44	28:19	30:02	31:10	31:31	32:59	33:44	33:59
	02:51	01:27	03:21	02:11	03:34	02:33	02:02	06:27	02:18	01:35	01:43	01:08	00:21	01:28	00:45	00:15
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>4</b>	<b>Arild Aasheim</b>	<b>H17</b>														<b>34:07</b>
	03:21	04:39	07:32	09:30	12:38	15:18	17:13	23:57	26:17	27:54	29:51	31:25	31:46	33:12	33:53	34:07
	03:21	01:18	02:53	01:58	03:08	02:40	01:55	06:44	02:20	01:37	01:57	01:34	00:21	01:26	00:41	00:14
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>5</b>	<b>Einar Martinsen</b>	<b>H17</b>														<b>34:59</b>
	03:52	05:25	08:28	10:30	13:27	15:41	17:29	24:44	27:09	28:54	30:43	31:58	32:23	33:53	34:43	34:59
	03:52	01:33	03:03	02:02	02:57	02:14	01:48	07:15	02:25	01:45	01:49	01:15	00:25	01:30	00:50	00:16
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>6</b>	<b>Vegard Peikli</b>	<b>H17</b>														<b>36:10</b>
	02:44	04:01	07:04	09:10	11:51	14:25	16:41	25:13	27:39	29:21	31:13	32:53	33:22	35:07	35:54	36:10
	02:44	01:17	03:03	02:06	02:41	02:34	02:16	08:32	02:26	01:42	01:52	01:40	00:29	01:45	00:47	00:16
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>7</b>	<b>Tom Furland</b>	<b>H17</b>														<b>36:56</b>
	03:41	04:57	08:08	11:21	14:38	17:11	19:14	26:37	28:53	30:36	32:32	33:52	34:17	35:56	36:41	36:56
	03:41	01:16	03:11	03:13	03:17	02:33	02:03	07:23	02:16	01:43	01:56	01:20	00:25	01:39	00:45	00:15
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>8</b>	<b>Erik Lima</b>	<b>H17</b>														<b>37:15</b>
	03:18	04:40	08:17	10:41	13:53	17:17	19:19	26:52	29:14	30:46	32:35	34:00	34:27	36:08	37:01	37:15
	03:18	01:22	03:37	02:24	03:12	03:24	02:02	07:33	02:22	01:32	01:49	01:25	00:27	01:41	00:53	00:14
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>9</b>	<b>Kjell Dale</b>	<b>H17</b>														<b>37:57</b>
	03:32	04:47	08:05	10:42	14:29	16:42	18:52	27:02	29:32	31:10	33:04	34:38	35:04	36:49	37:40	37:57
	03:32	01:15	03:18	02:37	03:47	02:13	02:10	08:10	02:30	01:38	01:54	01:34	00:26	01:45	00:51	00:17
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>9</b>	<b>Knut Steffen Kvala</b>	<b>H17</b>														<b>37:57</b>
	02:42	04:01	07:11	09:42	13:24	15:45	17:45	25:43	29:17	31:05	33:04	34:29	34:55	36:48	37:38	37:57
	02:42	01:19	03:10	02:31	03:42	02:21	02:00	07:58	03:34	01:48	01:59	01:25	00:26	01:53	00:50	00:19
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>11</b>	<b>Kenneth Westerheim</b>	<b>H17</b>														<b>38:36</b>
	02:54	04:00	06:46	08:50	12:30	15:00	16:55	28:16	30:51	32:29	34:22	35:41	36:03	37:44	38:22	38:36
	02:54	01:06	02:46	02:04	03:40	02:30	01:55	11:21	02:35	01:38	01:53	01:19	00:22	01:41	00:38	00:14
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>12</b>	<b>Sigurd R. Oftedal</b>	<b>H17</b>														<b>39:04</b>
	03:19	04:34	07:37	09:49	13:47	16:35	18:49	27:26	30:27	32:17	34:11	35:41	36:11	37:49	38:48	39:04
	03:19	01:15	03:03	02:12	03:58	02:48	02:14	08:37	03:01	01:50	01:54	01:30	00:30	01:38	00:59	00:16
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>13</b>	<b>Bjørn Egil Rossebø</b>	<b>H17</b>														<b>42:03</b>
	06:48	08:01	10:51	14:12	17:56	20:52	22:59	31:16	34:00	35:48	37:33	39:10	39:32	41:06	41:50	42:03
	06:48	01:13	02:50	03:21	03:44	02:56	02:07	08:17	02:44	01:48	01:45	01:37	00:22	01:34	00:44	00:13
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>14</b>	<b>John Arvid Djupesland</b>	<b>H17</b>														<b>42:48</b>
	04:24	06:01	11:14	13:45	17:33	19:51	21:53	29:53	33:31	35:17	37:14	38:47	39:36	41:38	42:35	42:48
	04:24	01:37	05:13	02:31	03:48	02:18	02:02	08:00	03:38	01:46	01:57	01:33	00:49	02:02	00:57	00:13
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

Class	Navn	Klasse											Tid		
<b>15</b>	<b>Oddvar Taksdal</b>	<b>H17</b>											<b>43:56</b>		
05:08	06:37	10:45	12:58	16:41	19:31	21:45	32:04	34:58	36:43	39:00	40:35	41:03	42:57	43:39	43:56
05:08	01:29	04:08	02:13	03:43	02:50	02:14	10:19	02:54	01:45	02:17	01:35	00:28	01:54	00:42	00:17
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>16</b>	<b>Rolf-Atle Rolfsnes</b>	<b>H17</b>											<b>46:04</b>		
04:27	06:16	09:32	11:50	15:30	18:05	20:23	28:56	32:20	34:21	36:39	42:26	42:54	44:45	45:46	46:04
04:27	01:49	03:16	02:18	03:40	02:35	02:18	08:33	03:24	02:01	02:18	05:47	00:28	01:51	01:01	00:18
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>17</b>	<b>Einar Marius Hjellevad Martinsen</b>	<b>H17</b>											<b>46:26</b>		
04:17	05:41	12:24	14:52	18:39	21:47	24:35	34:08	36:51	38:48	41:03	42:48	43:18	45:15	46:10	46:26
04:17	01:24	06:43	02:28	03:47	03:08	02:48	09:33	02:43	01:57	02:15	01:45	00:30	01:57	00:55	00:16
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>18</b>	<b>Kjetil Fiskå</b>	<b>H17</b>											<b>47:44</b>		
06:10	07:45	11:35	14:25	18:26	21:45	24:35	34:38	37:27	39:33	42:14	43:53	44:25	46:38	47:29	47:44
06:10	01:35	03:50	02:50	04:01	03:19	02:50	10:03	02:49	02:06	02:41	01:39	00:32	02:13	00:51	00:15
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>18</b>	<b>Jarle Halland</b>	<b>H17</b>											<b>47:44</b>		
04:41	08:16	14:08	16:25	20:32	23:28	25:35	34:23	37:46	39:53	41:59	44:02	44:35	46:28	47:26	47:44
04:41	03:35	05:52	02:17	04:07	02:56	02:07	08:48	03:23	02:07	02:06	02:03	00:33	01:53	00:58	00:18
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>20</b>	<b>Odd Fuglestad</b>	<b>H17</b>											<b>47:51</b>		
12:35	13:54	16:58	18:59	23:15	25:56	28:10	35:41	38:01	39:38	43:12	44:37	45:04	46:44	47:32	47:51
12:35	01:19	03:04	02:01	04:16	02:41	02:14	07:31	02:20	01:37	03:34	01:25	00:27	01:40	00:48	00:19
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>21</b>	<b>Sturle Omdal</b>	<b>H17</b>											<b>51:18</b>		
04:51	06:35	12:26	16:10	20:59	24:33	27:51	37:21	41:26	43:17	45:29	46:57	47:59	49:56	51:03	51:18
04:51	01:44	05:51	03:44	04:49	03:34	03:18	09:30	04:05	01:51	02:12	01:28	01:02	01:57	01:07	00:15
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>22</b>	<b>Pål Bårdsen</b>	<b>H17</b>											<b>51:45</b>		
09:09	11:38	15:40	18:31	22:41	26:10	28:31	38:03	41:02	42:57	45:57	47:39	48:10	50:35	51:29	51:45
09:09	02:29	04:02	02:51	04:10	03:29	02:21	09:32	02:59	01:55	03:00	01:42	00:31	02:25	00:54	00:16
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>23</b>	<b>Johannes Sandvik Førde</b>	<b>H17</b>											<b>52:27</b>		
04:09	05:51	12:10	15:58	20:39	24:19	27:30	37:59	40:50	43:07	45:41	48:04	48:37	50:41	52:13	52:27
04:09	01:42	06:19	03:48	04:41	03:40	03:11	10:29	02:51	02:17	02:34	02:23	00:33	02:04	01:32	00:14
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>24</b>	<b>Alf Inge Lindtner</b>	<b>H17</b>											<b>1:09:49</b>		
06:18	08:42	17:23	23:12	32:37	37:24	41:10	52:21	57:03	59:43	62:25	64:39	65:25	68:19	69:30	69:49
06:18	02:24	08:41	05:49	09:25	04:47	03:46	11:11	04:42	02:40	02:42	02:14	00:46	02:54	01:11	00:19
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+
<b>25</b>	<b>Toboy Voilås</b>	<b>H17</b>											<b>1:19:14</b>		
26:28	27:55	31:44	35:43	40:55	45:24	48:04	59:03	64:43	66:37	70:41	74:06	75:01	77:36	78:52	79:14
26:28	01:27	03:49	03:59	05:12	04:29	02:40	10:59	05:40	01:54	04:04	03:25	00:55	02:35	01:16	00:22
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+

## H17AK

<b>1</b>	<b>Geir Torsnes</b>	<b>H17AK</b>	<b>34:06</b>
04:43	05:29 07:19 09:20 16:33 19:23 20:33 25:42 28:28 30:14 32:11 33:34 34:06		
04:43	00:46 01:50 02:01 07:13 02:50 01:10 05:09 02:46 01:46 01:57 01:23 00:32		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>2</b>	<b>Ingvald Irgens</b>	<b>H17AK</b>	<b>34:47</b>
04:25	05:30 07:04 09:37 12:39 16:07 17:40 23:32 26:42 28:59 32:13 34:00 34:47		
04:25	01:05 01:34 02:33 03:02 03:28 01:33 05:52 03:10 02:17 03:14 01:47 00:47		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>3</b>	<b>Andreas Dommersnes</b>	<b>H17AK</b>	<b>37:18</b>
04:24	05:40 07:43 10:20 13:18 17:52 19:48 25:17 29:30 31:38 34:18 36:24 37:18		
04:24	01:16 02:03 02:37 02:58 04:34 01:56 05:29 04:13 02:08 02:40 02:06 00:54		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>4</b>	<b>Erik Utne Vie</b>	<b>H17AK</b>	<b>40:35</b>
04:38	05:50 08:17 11:30 14:20 19:00 21:01 26:53 31:19 33:28 36:23 39:56 40:35		
04:38	01:12 02:27 03:13 02:50 04:40 02:01 05:52 04:26 02:09 02:55 03:33 00:39		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>5</b>	<b>Erik Englökk</b>	<b>H17AK</b>	<b>42:14</b>
03:27	04:40 06:24 08:48 11:23 14:57 21:09 26:55 32:40 34:36 37:03 39:10 42:14		
03:27	01:13 01:44 02:24 02:35 03:34 06:12 05:46 05:45 01:56 02:27 02:07 03:04		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>6</b>	<b>Rune Vassenden</b>	<b>H17AK</b>	<b>44:10</b>
05:29	09:23 11:22 14:13 17:22 21:57 24:12 30:14 34:52 37:19 40:08 42:56 43:43 44:10		
05:29	03:54 01:59 02:51 03:09 04:35 02:15 06:02 04:38 02:27 02:49 02:48 00:47 00:27		
00:31+	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		

Class	Navn	Klasse												Tid
<b>H50</b>														
<b>1</b>	<b>Bjørn Alsaker</b>	<b>H50</b>												<b>29:52</b>
	02:55	03:50	05:15	07:24	09:43	13:05	14:18	19:01	22:50	25:29	27:30	29:11	29:52	
	02:55	00:55	01:25	02:09	02:19	03:22	01:13	04:43	03:49	02:39	02:01	01:41	00:41	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>2</b>	<b>Otte Omdal</b>	<b>H50</b>												<b>30:00</b>
	03:08	04:17	05:37	08:02	10:43	14:12	15:52	21:48	24:24	26:05	28:04	29:29	30:00	
	03:08	01:09	01:20	02:25	02:41	03:29	01:40	05:56	02:36	01:41	01:59	01:25	00:31	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>3</b>	<b>Arne Kristian Espedal</b>	<b>H50</b>												<b>30:56</b>
	03:35	04:36	06:45	08:55	10:55	14:48	16:26	21:59	24:52	26:35	28:41	30:07	30:56	
	03:35	01:01	02:09	02:10	02:00	03:53	01:38	05:33	02:53	01:43	02:06	01:26	00:49	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>4</b>	<b>Jon Magne Bratseth</b>	<b>H50</b>												<b>32:24</b>
	03:40	04:47	06:54	09:15	11:39	14:58	16:32	22:08	25:42	27:48	30:04	31:44	32:24	
	03:40	01:07	02:07	02:21	02:24	03:19	01:34	05:36	03:34	02:06	02:16	01:40	00:40	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>5</b>	<b>Einar Vikingstad</b>	<b>H50</b>												<b>33:02</b>
	05:42	08:07	10:08	13:15	15:28	18:14	19:28	24:46	27:29	29:07	31:06	32:31	33:02	
	05:42	02:25	02:01	03:07	02:13	02:46	01:14	05:18	02:43	01:38	01:59	01:25	00:31	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>6</b>	<b>Ivar Kvale</b>	<b>H50</b>												<b>33:52</b>
	02:56	05:18	06:53	09:21	11:46	15:27	17:03	22:07	26:44	28:44	31:21	33:09	33:52	
	02:56	02:22	01:35	02:28	02:25	03:41	01:36	05:04	04:37	02:00	02:37	01:48	00:43	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>7</b>	<b>Arne Bergsvåg</b>	<b>H50</b>												<b>35:27</b>
	04:00	05:07	06:39	08:50	10:54	14:23	15:58	21:30	25:45	29:58	32:12	34:04	35:27	
	04:00	01:07	01:32	02:11	02:04	03:29	01:35	05:32	04:15	04:13	02:14	01:52	01:23	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>8</b>	<b>Cato Molthe</b>	<b>H50</b>												<b>37:21</b>
	04:29	05:52	07:38	10:19	12:48	16:45	18:40	25:20	29:21	31:51	34:32	36:26	37:21	
	04:29	01:23	01:46	02:41	02:29	03:57	01:55	06:40	04:01	02:30	02:41	01:54	00:55	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>9</b>	<b>Atle Irgens</b>	<b>H50</b>												<b>37:49</b>
	03:20	04:27	06:51	10:01	12:43	16:08	17:41	22:52	29:01	30:50	35:15	37:07	37:49	
	03:20	01:07	02:24	03:10	02:42	03:25	01:33	05:11	06:09	01:49	04:25	01:52	00:42	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>10</b>	<b>Ivar Johan Larsen</b>	<b>H50</b>												<b>38:04</b>
	03:12	04:26	06:15	08:53	11:36	16:40	18:40	25:10	30:02	32:19	34:56	37:03	38:04	
	03:12	01:14	01:49	02:38	02:43	05:04	02:00	06:30	04:52	02:17	02:37	02:07	01:01	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>11</b>	<b>Tore Tvedt</b>	<b>H50</b>												<b>39:52</b>
	05:03	07:32	09:23	12:00	14:42	18:42	21:03	27:31	31:56	34:31	37:08	39:07	39:52	
	05:03	02:29	01:51	02:37	02:42	04:00	02:21	06:28	04:25	02:35	02:37	01:59	00:45	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>12</b>	<b>Øyvind Skålevik</b>	<b>H50</b>												<b>40:00</b>
	03:55	05:12	07:03	11:05	13:50	19:54	21:38	27:08	32:02	34:07	37:01	39:14	40:00	
	03:55	01:17	01:51	04:02	02:45	06:04	01:44	05:30	04:54	02:05	02:54	02:13	00:46	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>13</b>	<b>Wilhelm Engelsen</b>	<b>H50</b>												<b>43:07</b>
	04:15	05:23	06:50	11:13	14:40	16:31	20:20	22:11	32:24	36:07	38:07	40:29	42:28	
	04:15	01:08	01:27	04:23	03:27	01:51	03:49	01:51	10:13	03:43	02:00	02:22	01:59	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	
<b>14</b>	<b>Anfinn Paulsen</b>	<b>H50</b>												<b>54:18</b>
	04:42	06:16	08:23	15:41	21:47	26:14	28:15	36:31	43:52	46:32	49:39	53:18	54:18	
	04:42	01:34	02:07	07:18	06:06	04:27	02:01	08:16	07:21	02:40	03:07	03:39	01:00	
	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	

Class	Navn	Klasse	Tid
<b>H60</b>			
<b>1</b>	<b>Knut Jonas Espedal</b>	<b>H60</b>	<b>26:07</b>
	02:44 03:57 07:52 09:21 14:58 17:53 20:06 22:42 24:46 25:50 26:07		
	02:44 01:13 03:55 01:29 05:37 02:55 02:13 02:36 02:04 01:04 00:17		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>2</b>	<b>Sigved Gramstad</b>	<b>H60</b>	<b>28:38</b>
	05:47 07:07 08:50 10:35 16:09 19:54 22:24 25:03 25:53 28:20 28:38		
	05:47 01:20 01:43 01:45 05:34 03:45 02:30 02:39 00:50 02:27 00:18		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>3</b>	<b>Ingolf Dybvik</b>	<b>H60</b>	<b>29:56</b>
	05:43 07:08 09:09 11:10 17:38 22:12 24:41 27:28 28:21 29:35 29:56		
	05:43 01:25 02:01 02:01 06:28 04:34 02:29 02:47 00:53 01:14 00:21		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>4</b>	<b>Svein Glendrange</b>	<b>H60</b>	<b>29:57</b>
	04:41 05:48 10:32 12:03 17:53 21:14 23:06 25:54 27:58 28:37 29:37 29:57		
	04:41 01:07 04:44 01:31 05:50 03:21 01:52 02:48 02:04 00:39 01:00 00:20		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>5</b>	<b>Finn-Morten Årstad</b>	<b>H60</b>	<b>31:04</b>
	04:47 06:02 07:53 11:58 20:01 24:02 26:12 28:38 29:26 30:47 31:04		
	04:47 01:15 01:51 04:05 08:03 04:01 02:10 02:26 00:48 01:21 00:17		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>6</b>	<b>Harald Steinsland</b>	<b>H60</b>	<b>31:52</b>
	06:12 07:49 09:58 11:49 17:38 22:25 25:08 28:53 29:50 31:33 31:52		
	06:12 01:37 02:09 01:51 05:49 04:47 02:43 03:45 00:57 01:43 00:19		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>7</b>	<b>Magnar Nerheim</b>	<b>H60</b>	<b>32:20</b>
	04:54 06:34 08:22 12:04 19:51 25:05 27:29 30:01 30:57 32:03 32:20		
	04:54 01:40 01:48 03:42 07:47 05:14 02:24 02:32 00:56 01:06 00:17		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>8</b>	<b>Jonny Huse</b>	<b>H60</b>	<b>32:34</b>
	05:17 06:39 09:05 10:55 20:29 24:41 27:06 29:51 30:50 32:15 32:34		
	05:17 01:22 02:26 01:50 09:34 04:12 02:25 02:45 00:59 01:25 00:19		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>9</b>	<b>Roald Tellnes</b>	<b>H60</b>	<b>35:47</b>
	07:02 08:40 10:47 12:48 20:47 27:15 29:48 33:16 34:05 35:29 35:47		
	07:02 01:38 02:07 02:01 07:59 06:28 02:33 03:28 00:49 01:24 00:18		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>10</b>	<b>Svein Eliassen</b>	<b>H60</b>	<b>38:56</b>
	06:37 09:23 12:22 17:00 25:02 30:36 33:15 36:05 37:08 38:34 38:56		
	06:37 02:46 02:59 04:38 08:02 05:34 02:39 02:50 01:03 01:26 00:22		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>11</b>	<b>Sverre Lervik</b>	<b>H60</b>	<b>39:22</b>
	06:48 08:55 11:28 14:25 22:17 28:19 31:46 35:30 36:51 39:01 39:22		
	06:48 02:07 02:33 02:57 07:52 06:02 03:27 03:44 01:21 02:10 00:21		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		
<b>12</b>	<b>Sverre Vareberg</b>	<b>H60</b>	<b>51:38</b>
	08:09 10:07 13:10 17:07 32:23 39:00 43:15 47:18 48:36 51:07 51:38		
	08:09 01:58 03:03 03:57 15:16 06:37 04:15 04:03 01:18 02:31 00:31		
	00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+		



## H70

<b>1</b>	<b>Øystein Nilsen</b>	<b>H70</b>										<b>41:24</b>
07:19	10:46	13:20	15:59	24:02	30:19	33:46	37:24	38:41	41:01	41:24		
07:19	03:27	02:34	02:39	08:03	06:17	03:27	03:38	01:17	02:20	00:23		
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+		
<b>2</b>	<b>Ola Kjell Ottesen</b>	<b>H70</b>										<b>51:17</b>
08:45	10:31	13:42	17:09	30:09	39:10	43:09	47:08	48:37	50:52	51:17		
08:45	01:46	03:11	03:27	13:00	09:01	03:59	03:59	01:29	02:15	00:25		
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+		
<b>3</b>	<b>Håkon Ervik</b>	<b>H70</b>										<b>53:32</b>
14:14	17:53	20:40	23:41	33:38	41:53	45:35	49:59	51:09	53:03	53:32		
14:14	03:39	02:47	03:01	09:57	08:15	03:42	04:24	01:10	01:54	00:29		
00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+	00:31+		

**N-Open**

**150 Ole Kristian Taksdal N-Open 37:28**

04:06 09:54 14:30 21:29 27:14 34:37 37:01 37:28  
 04:06 05:48 04:36 06:59 05:45 07:23 02:24 00:27  
 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+

**151 Linn Iveland Jacobsen N-Open 25:36**

04:11 07:06 10:10 16:54 19:25 23:46 25:11 25:36  
 04:11 02:55 03:04 06:44 02:31 04:21 01:25 00:25  
 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+

**152 Janne Tjørhom Aasheim N-Open 21:10**

02:13 04:34 07:11 11:41 14:06 19:01 20:53 21:10  
 02:13 02:21 02:37 04:30 02:25 04:55 01:52 00:17  
 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+

**153 Sigurd Paulsen Vie N-Open 27:32**

03:10 05:56 09:34 16:43 21:23 25:21 27:11 27:32  
 03:10 02:46 03:38 07:09 04:40 03:58 01:50 00:21  
 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+

**135760 Ingrid Omdal N-Open 37:07**

06:15 10:05 14:13 21:53 25:35 32:27 36:41 37:07  
 06:15 03:50 04:08 07:40 03:42 06:52 04:14 00:26  
 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+

**135762 Daniel Rolfsnes N-Open 21:52**

01:58 04:13 06:24 10:45 13:04 17:19 21:21 21:52  
 01:58 02:15 02:11 04:21 02:19 04:15 04:02 00:31  
 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+ 00:31+